

The Official G.O.C. Newsletter

900 Nutter Drive, Bardstown, KY 40004

www.gocenter.org : 502-348-7784 : Spring 2018 Edition

Dear GOC Advocates and Supporters,

We have been very busy here at the GO Center over the last few months and are excited to share a few of the things that have happened!

Content:

- Bourbon & Bubbles**
- GOC Trip to Frankfort**
- MLK Day at GOC**
- Open House/Workshops**
- Valentine's Dance**
- Spring Picnic**
- Meals from the Heart**

Bourbon & Bubbles, Our Most Successful Yet!

Our annual gala event, Bourbon & Bubbles, was a resounding success, with multiple records broken; highest attendance, auction items donated, and money raised! The event was brimming with 370 guests, over 60 auction items, as well as five local distilleries showcasing their products. We were also able to unveil a few new videos featuring the amazing work that happens at the GO Center and the GO-To Discovery Program. We also introduced our new CEO, Rick McKay, and finished the evening with some live music.

We would like to thank all the wonderful GO Center supporters who came out, and our amazing community for its unwavering support and kindness. All of the funds donated will go directly into bettering the lives of Nelson County's citizens with disabilities. We hope you can join us next year, which is tuning up to be even greater!



The GO Center to Frankfort!

On January 31st, the GO Center and our Communicare partners went to Frankfort to participate in the 874K Rally. This statewide effort is designed to teach self-advocacy to the roughly 874,000 people living in Kentucky with disabilities. It was a wonderful day, filled with spirit, passion, and advocacy. There were many workshops on speaking with local leaders and congress, as well as powerful speeches by Kentuckians living with disabilities. This was our second year participating, and we look forward to the next!

Martin Luther King Day at the GO Center

This year, our hardworking participants enjoyed an extended break on MLK Day to watch the original video of the reverend giving his legendary "I Have a Dream" speech. After the video, a special birthday cake was shared in Dr. King's honor.



GO-To-Discovery Holds its Annual Open House and Parent Workshops

The GO Center's very own school-to-work transition program, GO-To-Discovery, recently held its annual Open House and Parent Workshops. Many interested parents came to learn more about the amazing work of the program, hear impactful speeches, and meet the instructors they had heard so much about. Guest speakers such as Matthew Hite and Shelly Kamei contributed their expertise and provided valuable information on financial planning and guardianship. We also listened to a moving speech from a local Kentuckian with disabilities, who shared a compelling story about his, and his family's, road to independence.



Ways to Help:

Engraved Bricks

The Guthrie Opportunity Center is offering engraved bricks to be used for the walkway to our newly planned garden area. For more information on how to buy your tax deductible, customized brick on the "Pathway to Healthier Living", please contact us at:

sean.guthrie@gocenter.com, or call 502.348.7784

Amazon Smile

Amazon has a wonderful program that donates a portion of the total sales from your order to a charity of your choice. Just sign in on smile.amazon.com and choose the Guthrie Opportunity Center as your charity. Every purchase you make helps to keep the GO Center GOing!

Kroger Rewards

Much like the folks at Amazon, Kroger also has a community rewards program. 'Kroger Rewards' members can choose a charity to receive a portion of the total check-out cost as a donation. Be sure to check out www.kroger.com for more information on how to sign up.

Valentine's Day Dance

Fun was in the air February 16th, at our first ever Valentines Dance. Participants of the GO Center, as well as students from GO-To-Discovery, got dressed up to enjoy a music filled evening at the GO Center. Delicious food was served with homemade desserts crafted by the GO-To-Discovery program students.

Many Communicare staff members and their families were also in attendance, making the event even more festive and giving a wonderful sense of comradery as everyone cut loose together. We look forward to doing it again next year and be sure to keep an eye out for another dance date coming in the summer!

Enjoying the First Days of Spring

After what seemed an eternity of winter, spring finally broke in Bardstown. Not ones to waste a good thing, the participants jumped at the chance to bask in the weather, and enjoy some food provided by their thoughtful staff. The mouthwatering spread included grilled burgers, hotdogs, and homemade sides such as loaded potato casserole and meatballs! Food wasn't the only thing on the agenda as our clients enjoyed a spirited game of kickball in the sunny field.

Meals From The Heart Feeds the Community!



The GO Center is partnering with St. Vincent De Paul, a team of dedicated and hardworking volunteer drivers, and an amazing donor to deliver hot nutritious meals to those in need. Contact St. Vincent De Paul at 502-348-7270 if you know someone that could benefit from this service, or if you want to volunteer to help deliver these meals. What a great way to be of service to those in need!

